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**EGD instructions for Dr Caruso and Dr Baig's patients.**

The scheduling coordinator should contact you within a week to schedule a date for your procedure. It may be longer if cardiac clearance or other tests are needed prior to scheduling.

**PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY!**

**Failure to follow these instructions may result in cancellation of your procedure.**

**Please note: Diet pills (Phentermine) must be stopped 2 weeks prior to your procedure!**

**THE WEEK BEFORE YOUR PROCEDURE:**

We ask that you stop taking the following medications 5 days prior to your procedure:

Aspirin	Multi-vitamins	Coumadin (Warfarin)
Ecotrin	Fish Oil	Celebrex
Plavix (clopidogrel)	Glucosamine	Vioxx
Ticlid	Aleve (Naproxen)	Naprosyn
Vit E	Motrin, Advil (Ibuprofen)	Any NSAID (anti-inflammatory)
Pradaxa (Dagigatran)	Brilinta (Ticagrelor)	Effient (Prasugrel)

Eliquis and Xarelto may be held for 2 days prior to your procedure

**Let your primary care physician or cardiologist know that you will be having a EGD and you have been asked to stop these medications five days prior to your exam. Please let us know as soon as possible if you are unable to stop these medications.**

You should receive a text 3 days prior to your procedure to confirm your appointment time and answer questions. Remember, if you have any questions or do not understand any portion of these instructions, you may also call the endoscopy center @ (302) 644-3852.

**You may eat normally the day before your procedure.**

**The day of your procedure:**

- Nothing to eat or drink the morning of your procedure,**
- 4 HOURS PRIOR TO YOUR ASSIGNED ARRIVAL TIME:**  
You may take your heart or blood pressure medicine with a sip of water,  
**OTHERWISE NOTHING BY MOUTH**, until after your procedure.  
**Nothing by mouth includes candy, gum, water, coffee and ice chips**
  - If you use inhalers, take your usual AM dose and bring them with you.
  - If you are diabetic, please check your blood sugar before you leave.
  - Please bring insurance cards and a picture ID with you.
  - Bring the 3page Health Questionnaire (filled out).

You will be sedated during the procedure and must have a responsible adult to be with you after the procedure and to **DRIVE YOU HOME. THEY MUST BE OVER 18 YEARS OF AGE.** You also will **NOT** be able to go to work the day of your procedure.

