



**Clenpiq** - Clenpiq comes with two 5-oz bottles of solutions and an 8oz drinking cup.

- It is important to **NOT USE** alcohol, marijuana, medical marijuana, narcotics, pain medications (prescribed or otherwise), and any form of illicit drugs (prescribed or otherwise) the day before and the day of the procedure
  - It is important to **NOT USE** tobacco products the day of the procedure
- \*\*\* If you do not avoid these items, then your procedure will be cancelled. \*\*\***

## **The day before the procedure**

- No Solid foods, just clear liquids
- Start the prep solution between 2 and 4 pm
- Drink the entire contents of one bottle of Clenpiq all at once
- Over the next 5 hours you must drink at least five more 8oz glasses of water or clear liquid
- Continue the clear liquid diet until midnight
- **Do not eat or drink anything after midnight** except your 2<sup>nd</sup> dose of prep 5 hours prior to your arrival – no candy, gum, mints, water, ice, etc.

## **The day of your procedure**

- **5 hours before your arrival time:**
  - Drink the entire contents of the second bottle of Clenpiq all at once followed by three 8oz glasses of water or clear liquid.
  - Take 2 Gas X tablets by mouth.
  - Finish all of these within an hour. This is also the time to take any medications your physician has directed you to take the morning of the procedure.
  - **Do not eat or drink anything after this time** – no candy, gum, mints, water, ice, etc.
- If you use inhalers, take your usual morning dose and bring the inhalers with you.
- Bring the completed health questionnaire including medications, picture ID, and insurance cards.
- Bring a copy of your living will, if you have one.
- Bring reading glasses if you need them.
- Take a shower the morning of the procedure. You may wear deodorant. Do not apply lotion or powder to your chest area. Bring a pair of warm socks for your feet.
- You must have a responsible adult over 18 years to drive you home after your procedure.
- When you arrive at Seaside Endoscopy Pavilion, please call (302) 644-3852 from your car to let the center know you have arrived.
- Please ask your driver to remain within 10 minutes of the facility while you are in the center, to return to the facility's parking lot within 1 hour of your entering the center, and to be prepared to answer a phone call when you are finished with your procedure.