



**SuTab** - SuTab comes with two bottles of 12 tablets each and a 16oz cup.

- It is important to **NOT USE** alcohol, marijuana, medical marijuana, narcotics, pain medications (prescribed or otherwise), and any form of illicit drugs (prescribed or otherwise) the day before and the day of the procedure
- It is important to **NOT USE** tobacco products the day of the procedure  
**\*\*\* If you do not avoid these items, then your procedure will be cancelled. \*\*\***

### **The day before the procedure**

- No Solid foods, only clear liquids
- Start prep tablets between 2 and 4 p.m.
- Open one bottle of 12 tablets
- Fill 16oz cup with water.
- Swallow each tablet with a sip of water.
- Drink the entire amount over 15-20 minutes.
- One hour after last tablet is swallowed drink another 16oz of water over the next 30 minutes.
- 30 minutes after the second cup of water is finished, drink another 16oz of water within 30 minutes.
- Continue to drink a gallon of clear liquids throughout the day until midnight
- **Do not eat or drink anything after midnight** except your 2<sup>nd</sup> dose of prep 5 hours prior to your arrival – no candy, gum, mints, water, ice, etc.

### **The day of your procedure**

- **5 hours before your arrival time:**
  - Repeat previous steps using second bottle of tablets.
  - Take 2 Gas X tablets by mouth.
  - Complete all steps within an hour, including the water.
  - **Do not eat or drink anything after this time** – no medication, coffee, candy, gum, mints, water, ice, etc.
- If you use inhalers, take your usual morning dose and bring the inhalers with you.
- Bring the completed health questionnaire including medications, picture ID, and insurance cards.
- Bring a copy of your living will, if you have one.
- Bring reading glasses if you need them.
- Take a shower the morning of the procedure. You may wear deodorant. Do not apply lotion or powder to your chest area. Bring a pair of warm socks for your feet.
- You must have a responsible adult over 18 years to drive you home after your procedure.
- When you arrive at Seaside Endoscopy Pavilion, please call (302) 644-3852 from your car to let the center know you have arrived.
- Please ask your driver to remain within 10 minutes of the facility while you are in the center, to return to the facility's parking lot within 1 hour of your entering the center, and to be prepared to answer a phone call when you are finished with your procedure